

The Seven Deadly Sins

Each of the seven deadly sins is a sin in itself as well as a disposition that can lead to serious sinful action. They are

Pride—cherishing an image of our own excellence or virtue, going beyond what we deserve as God's creation;

Anger—uncontrolled feelings of hatred or wrath;

Lust—an inordinate craving for bodily pleasure;

Envy—a resentment of the prosperity of others and a desire for what they have;

Gluttony—eating and drinking to excess;

Avarice—the desire for wealth and material goods for their own sake; and

Sloth—carelessness with respect to one's spiritual development.